



Early Years and SEN
Education Consultancy

Sensory Play Cheat Sheet– Light Tray Tuff Tray Toothpaste/baby oil Sensory bag - Indoor/Outdoor Activity



Choose your Learning Objective for each child or focus as a group:

1. Exposure to dry texture activity
2. Fine-motor- finger isolation
threading skills
3. Fine-motor- finger & hand strength
4. Finding & Counting ordinal number
– link to external numicon
5. Creative development
6. Imaginative play & roleplay
7. Cause & effect activity moving
objects around – up/down

To create this yourself you will need:

Equipment Required:

- 2-3 tbsp of Toothpaste
- ¼ cup baby oil
- plastic confetti & sequences, buttons or any craft material.
- Double seal in a small ziplock bag with wide clear tape & stick down to a tray or frame or cardboard back to stick & secure bag down.

Have FUN! & please feel free to send me pictures of your versions of this having fun with your little learners.

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